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## PARENTING BACKWARD: THE CLASS

A dynamic new approach to parenting designed by  
Bette Alkazian, LMFT

At the end of 6 sessions, you will be able to handle just about  
any situation with your kids including:

Taming the tantrums	Negotiating with the kids
Creating effective consequences	Sibling squabbles
The "NO!" stage	Sleeping/Eating Battles

**For Parents of Children Infants through 6 years of age:**

Tuesdays Mornings 9:30 - 11:30 A.M.

March 9 <sup>th</sup>	April 27 <sup>th</sup>
March 23 <sup>rd</sup>	May 11 <sup>th</sup>
April 13 <sup>th</sup>	May 25 <sup>th</sup>

At my Thousand Oaks Office

**Introductory Price of \$379**

(You save \$121)

Cash, check, credit cards accepted

Class size is limited

Sign up by email: [bette@balancedparenting.com](mailto:bette@balancedparenting.com) or phone 805-230-2464  
by March 1st